

# THERAPEUTIC USE EXEMPTIONS (TUEs)



## Attention - Athletes & Teams Attending Zonal Championships in 2023

Do you or any athletes on your team attending your Zonal Championships have an illness or a condition that requires a particular medication?

If the medication you take contains a banned substance (is on the WADA Prohibited List), you will need to apply for a TUE. This gives athletes an exemption to take the medication while competing in sport without breaking the rules.

### WHY?

TUEs allow athletes to get treatment for a legitimate medication condition – even if that treatment is a prohibited substance or method. Getting a TUE will allow a level playing field while avoiding the risk of sanctions.

### WHO?

All athletes attending Zonal Championships will be subject to testing (doping control) in or out of competition, and therefore, you must obtain a TUE if you are taking a prohibited substance or using a prohibited Method.

### WHEN?

A TUE application should be submitted to World ParaVolley as soon as possible. For substances banned in-competition only, athletes should apply at least 30 days prior to the start of the competition, unless it is an emergency or exceptional circumstances.

### HOW?

If you don't already have a TUE, check the antidoping page of the World ParaVolley website at <https://www.worldparavolley.org/wp-content/uploads/2022/03/2022-03-Therapeutic-Use-Exemption-main-text.pdf>

Your physician should fill out the completed TUE application and then you can send it to World ParaVolley at [tue@worldparavolley.org](mailto:tue@worldparavolley.org) or submit the application in ADAMS. Medical checklists and guidelines are available to assist the physician to supply required supporting documentation. NOTE: if a TUE is incomplete, it will be returned with a request for more information.

If you already have an existing TUE granted by your National Anti-Doping Organization, the TUE must still be recognized by World ParaVolley. You must contact your NADO, and request that they contact World ParaVolley in ADAMS, give WPV access to the medical documents and make a request for WPV to recognize the TUE.

Once received the TUE application or request for recognition will be reviewed by a panel of experts to see if it meets the criteria to grant a TUE.

You will be notified in writing if your TUE was accepted or denied. If the TUE is denied (not approved), you will be informed of the reasons. You have a right to appeal the decision.

### REMINDERS

If you are tested:

- Declare all medications on your doping control if you are tested.
- Specify that a TUE has been granted
- Keep a copy of your TUE with you.

### AND REMEMBER...

If you don't have a valid TUE and get tested, you could have a positive test, be found guilty of an Anti-doping Rule Violation, and be banned from participating in sport for a period of time.

### LASTLY - EDUCATION BEFORE TESTING

ALL athletes must submit proof to WORLD PARAVOLLEY that they have received Anti-doping Education within the two-year period prior to the start date of their competition. This must be received no less than 30 days prior to the competition. Refresher courses are encouraged. Help your sport stay clean. Help prevent inadvertent positive tests. Know your responsibilities and what to expect. Learn and be a positive sport role model to others!