



Dear All,

I hope you are all well and safe from this pandemic that is plaguing most of our countries. The next course for coaches or others interested in learning about this sport modality, Sitting Volleyball or ParaVolley, is currently in discussion. Whether any courses will be held via video conference, or whether we wait until this painful and dangerous situation has passed to hold it in a country in the Pan American area, has yet to be determined. Our goal is to be able to provide all the tools and knowledge that will help attendees understand and later play or teach this sport. We know about the difficulties that many of our countries are experiencing economically, and even more so at the moment when we have to ensure the safety and integrity of our lives. I ask that you have patience and a lot of faith. At the same time I would like to know what are the topics that you would most like for us to address in future courses, in order to tailor the courses to participants' needs. This generally includes the same information as pre-printed stationery but without the additional costs involved.

The current courses on offer differ depending on the knowledge and experience level of the participants, and are currently organized as follows:

Introductory Course

Target audience: Volleyball Coaches, Physical Education Teachers, Physical Education Students, Physiotherapists, Physiotherapy Students, ParaVolley Players;

Course syllabus:

1. Introduction to Sitting ParaVolleyball;
 - a) History;
 - b) WPV, PVPA organization and function;
 - c) Eligibility of players;
2. ParaVolley rules and terminology;
3. The work of motor skills in ParaVolley;
4. Importance and work of mobility in ParaVolley;
5. Practical explanation about the fundamentals of ParaVolley;

Expected outcome: This introductory course will give you the opportunity to share your acquired knowledge about sitting volleyball (ParaVolley) in your communities, schools, recovery and/or rehabilitation centers.



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Level I Course

Level I is the first course to qualify coaches to teach offered by World ParaVolley, but prior to this the platform created by VolleySLIDE was aimed at providing general education in all areas involved and / or around the sport of Sitting Volleyball

Target audience: Coaches

Prerequisites:

1. Basic knowledge of Volleyball, sports for the disabled and Paralympic organization;
2. Basic experience and knowledge of the different forms of ParaVolley and its applications for physically challenged athletes;
3. Basic knowledge of Teaching / Training / Training for beginners individually or in groups

Course syllabus:

1. Learn about the characteristics of Sitting Volleyball: Athletes with disabilities, small court, low net, fast game, important rules, communication and cooperation among the athletes;
2. Eligibility for World ParaVolley competitions, including players with minimal disabilities who have been defined in the medical classification, who are eligible to play in Official World ParaVolley competitions.

Expected outcome: Qualify coaches to teach ParaVolley

All courses will have a cost per participant, the realization of them will depend largely on the result of the analysis that is currently in process by our Pan American organization (PVPA) which will have its next board of directors next April and the decisions made will be known to all active members of the organization (WPV). The duration of the courses will depend on the type of course to take (Introductory or Level I), at the end of each course a certificate endorsed by PVPA will be delivered which will give you the possibility of teaching and disseminating the knowledge acquired in your localities, regions and countries, this also includes courses for Judges and Classifiers.

I hope this information helps you to decide which course would be the most suitable for each participant's case. Please let us know if there are other topics that you would like for us to address in each course. Be safe and take care!

Respectfully yours,

Lazaro Beltran

COACHES COMMISSIONER PVPA



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